

Getting Started with Lyra



Getting started with Lyra is simple and should only take about five minutes. Follow these instructions on how to sign up.

<ol style="list-style-type: none">1. Access the website or app on your device. Website URL: ahern.lyrahealth.com Phone or iPad: Search for Lyra Health in App Store You can also contact Lyra via phone at (844) 761-1909 if you prefer.	
<ol style="list-style-type: none">2. On the Lyra home screen, click the Get started button.	
<ol style="list-style-type: none">3. Enter your email address.<ul style="list-style-type: none">It is recommended you use a personal email address.Ahern will not be notified that you registered for care.	
<ol style="list-style-type: none">4. Enter your first name, last name, and date of birth.<ul style="list-style-type: none">Use your legal name so it matches the eligibility file that Ahern sends to Lyra.5. Create a password.<ul style="list-style-type: none">Ahern will not be able to help you reset your password.6. Check whether you are an employee or the dependent of an employee.	
<ol style="list-style-type: none">7. Add background information about yourself.<ul style="list-style-type: none">This part of the registration process is optional.8. When you are done with this step, your account will be created.	